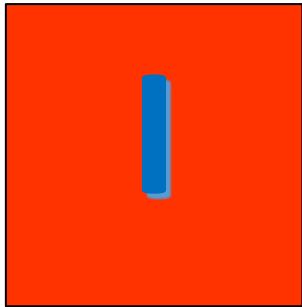


Integrity



Moral Courage – Honesty – Responsibility – Justice

Your way of acting should be different from the world's way; the love of Christ must come before all else. (Rule of St. Benedict 4:20)"

Proverbs 10:9, says, "Whoever walks in integrity walks securely, but he who makes his ways crooked will be found out."



Integrity is a God-like life of consistency and sincerity, with no deception or pretence.

Integrity's overriding quality is wholeness. In fact, the word integrity is derived from the same root word as **integer**, meaning whole. People of integrity have nothing to hide and nothing to fear.



Integrity is not something we have, but something we are. It inevitably shows itself in what we say and do. Integrity is needed because people are watching us. Does our behaviour match our beliefs?